

Finding Your Midlife Mojo Coaching Packages How we can Work Together:

Individual Coaching and Financial Strategies;

- ✿ \$1295 for 12 week Program OR
- ✿ \$450 per month for 3 months

Includes:

- ☞ Weekly individual coaching calls
- ☞ Financial Transition Assessment and Recommendations
- ☞ Review of Chapter Assignments
- ☞ Guidance and support throughout the Program
- ☞ Additional Resources for each section tailored to your situation and interest
- ☞ Financial Transition Plan

Group Coaching:

- ✿ \$695 for 12 week Program. OR
- ✿ \$250 per month for 3 months
- ✿ Maximum of 4 persons each session

Includes:

- ☞ Weekly calls
- ☞ Financial Strategies
- ☞ Review of Chapter Assignments
- ☞ Guidance and support throughout the Program
- ☞ Additional Resources for each section
- ☞ One individual coaching call - you decide when!

Follow Up Coaching:

Available for Check-In and Financial Plan updates @ \$295 per session



Coaching Packages are designed to help you launch your next phase!

If you do the work and put in the time you will most certainly
gain a better sense of direction!

And ongoing support is available if you need it!

What we will do each Month:

Month 1 - Getting to Know you - Who and Where You Are Now

- Truth Quiz and Assessment
- Dig Deep!
- Financial Snapshot
- What you Hate and What you Want
- Create White Space in Your Life
- Explore Belief Systems

Month 2: Find Your Inner Guidance System

- Assess the Essence of Who You Are - not just your skills and experiences
- Finding and naming Purpose and Mission
- Who have you always wanted to be?
- What to Keep, What to Toss

Month 3: Explore Pathways to Your Future

- Finding a vehicle for your Purpose
- Put Yourself in Opportunities Way
- Synchronicities
- Support Systems
- Creating the Glide-path

Paula F Osenni, is a Certified Financial Planner (CFP) and an Authorized Facilitator for the *Now What?* Program developed by Laura Berman Fortgang

Coaching packages contain proprietary materials developed by her for Act2Transitions Resources and those in the *Now What?* Program.